

Belton Playgroup After School Club Menu

Autumn 2023

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

Week 1

28th August
18th September
9th October
6th November
27th November
18th December

Pitta Bread & Chicken
with grated carrots and
crudites

Contains dairy, wheat

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Bananas & Custard

Contains egg, dairy

Tuna Pasta
with steamed vegetables
and mayonnaise

Contains wheat, dairy, fish, egg

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Yoghurts

Contains dairy

Chicken Nuggets
with wedges and crudities

Contains wheat

.....

Yogurt and Fruit

Contains dairy

Cheese Sandwich
with grated carrot and
crudites

Contains wheat, dairy

.....

Yoghurt

Contains dairy

Week 2

4th September
25th September
23rd October
13th November
4th December

Crumpets
with crudities

Contains wheat, dairy

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Frozen Yoghurts

Contains dairy

Chicken Noodles
with peas and sweetcorn

Contains wheat, dairy, eggs

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Natural Yoghurt & Fruit

Contains dairy

Jacket Potatoes
with cheese and beans

Contains dairy

.....

Low-sugar Jelly

Tuna Mayo Pasta
with crudities

Contains wheat, dairy, fish, egg

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Frozen Yoghurts

Contains dairy

Week 3

11th September
2nd October
30th October
20th November
11th December

Pitta bread & Cheese
with grated carrot and
crudites

Contains wheat, dairy

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Yoghurt

Contains dairy

Rice Salad
with garlic bread

Contains wheat and dairy

.....

Low-sugar Jelly

Hot Dogs
with steamed vegetables

Contains dairy, wheat

.....

Ice Cream & Fruit

Contains dairy

Beans on Toast
with cheese

Contains wheat, dairy

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Ice Cream and Fruit

Contains dairy